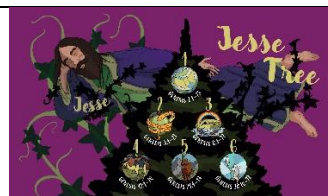


25th November marks the [International Day for the Elimination of Violence Against Women](#). It launches 16 Days of Activism – an [international campaign calling for action to end violence against women and girls](#)

16 days to stand with women.

<https://www.nbcw.co.uk/16-days-of-activism-to-end-violence-against-women/>



Jesse Tree Challenge

"A shoot will come up from the stump of Jesse; from his roots a branch will bear fruit". Isaiah 11:1. **Enjoy our Jesse Tree Challenge for Advent.** Journey through the Bible from 1st - 25th December and prepare for the birth of Christ. www.godwhospeaks.uk/

Society of Saint Gregory is making its comprehensive liturgy planner, **Preparing the Liturgy**, freely available online for a limited time over **Advent and Christmas**, to make better known the excellent resources the Society has to offer priests/preachers, readers, bidding-prayer writers, and parish musicians of all kinds. Find Resources on ssg.org.uk/preparing-the-liturgy

Wednesdays 3rd, 10th & 17th December at 7pm **Exploring Christmas Poetry.**

Join our **Advent focus** on Zoom. Each evening, we'll spend a short time together reflecting on a different piece of Christmas poetry, allowing space for quiet contemplation, prayer, and stillness as we prepare for the joy of the season.

All are warmly welcome [Find out more](#) or email admin@NBCW.co.uk to register

2nd February 2026 @6.30pm Forgiveness, Peace & Hope Pub talk London organised by Catholic Union. Join Margaret and Barry Mizen in conversation with Catherine Pepinster at The Brass Monkey in Victoria. [Booking](#) is essential. www.catholicunion.org.uk

SOCIAL MEDIA. Love It. Hate It. Use It??? Kelly writes 'As a young catholic woman I wondered why catholics aren't using social media platforms. My search showed me there are online catholic influencers, but they are still widely unknown, so I have put a list together of some I have found'. See [December 2025 web newsletter](#) for the list .

To share your parish/organisation's news or further info on the above please contact Sue Petritz nbcw@abdiocese.org.uk Diocesan Link for Arundel & Brighton or see <https://sueschurchpage.blogspot.com> *The strength to persevere, the courage to speak out, the faith to believe.* Sr Joan Chittister OSB