

# Takeaways and Actions!

- ☐ Use strong, unique passwords
- ☐ Consider the use of a password manager / book
- ☐ \*Always use Two Step Verification (2SV, 2FA, MFA)\*
- ☐ Email/text message links – be cautious! (What is normal?)
- ☐ Privacy settings – esp. on Social Media (Reduce information to attackers)
- ☐ Update devices and software promptly
- ☐ Consider data back-ups
- ☐ Turn on Antivirus
- ☐ NCSC Cyber Aware Action Plan: <https://www.ncsc.gov.uk/cyberaware/actionplan>
- ☐ Stop! Think Fraud website: <https://stopthinkfraud.campaign.gov.uk/>
- ☐ Check data breaches on haveibeenpwned? <https://haveibeenpwned.com/>

## Useful Links:

Advice and Tools from the National Cyber Security Centre:

<https://www.ncsc.gov.uk/cyberaware/actionplan>

<https://www.ncsc.gov.uk/collection/top-tips-for-staying-secure-online>

<https://www.ncsc.gov.uk/cyberaware/home>



Our website is filled with hints, tips and links:

<https://southeastcyber.police.uk/cyber-advice-individuals/>



Learn more about Phishing / Scams:

<https://stopthinkfraud.campaign.gov.uk/>

<https://www.takefive-stopfraud.org.uk/>



To contact your bank when concerned, call **159**

