



## **Parish of the Nativity of the Lord**

**Book+Circle - December 2020**

### ***Healing – Mary Healy***

#### **About the book**

In this book, *Healing: Bringing the Gift of God's Mercy to the World*, Mary Healy helps the reader find the answers to a number of questions – Is Jesus still healing people today? How do we know if God wants us to pray for healing? Isn't God asking us to endure suffering rather than asking for healing? How should we pray for healing?

#### **How did the book make us feel?**

We all enjoyed this book and found it an easy read. Overall we felt positive having read the book but with some mixed reactions. We thought Mary Healy was amazing in her belief in the power of prayer to heal, some of us felt quite inadequate compared with Mary but we also felt inspired by her faith. We did feel a little sceptical about some of the 'miracles' that Mary had been involved with, they felt a little far-fetched and most of us agreed that we were not great believers in Charismatic services.

#### **What did the group think were the book's main strengths?**

The book is full of lots of references to scriptures and describes how Jesus spent his life on earth healing and curing people. We learnt how Jesus empowered his followers to heal, lots of cases are described where people were healed.

Some of the references made us want to read the passage over a few times slowly, in a Lectio Divina way

The book helped us understand that when we ask to be healed we are asking as humans and God's view may be different and indeed the healing will be in God's time not ours.

Mary is very empathetic towards people who are suffering – whether with mental or physical conditions

#### **And what were the book's main weaknesses?**

We didn't find any real weaknesses with this book. The only negative was that there were so many miracles, so much healing that Mary had been involved with that it made us feel a little wary – perhaps the tone was a bit 'American' for a British reader. We had to get over our disbelief when the book started with a miracle that seemed a bit far-fetched ... but within a chapter we were hooked, and all wanted to read to the end

#### **Would we read another book written by the same author?**

Definitely.

Any questions email Anne or Teresa  
[astjohnhall@gmail.com](mailto:astjohnhall@gmail.com) OR [teresaroux@bdifferent.co.uk](mailto:teresaroux@bdifferent.co.uk)

**Would we recommend this book to someone else?**

We would recommend this book to others, but we discussed whether it would be good to read if you wanted to be healed, or if you want to support people needing healing. We agreed that it could encourage people to feel they ought to do more and get involved with the 'physical' healing process when actually they may not have the skills required.

**Next book**

Richard Rohr - Things Hidden: Scripture as Spirituality

**Date of next meeting**

**Friday 22 January 2021 @ 11.00 am** - ZOOM - Teresa will send a link nearer the time (unless Covid rules allow us to meet in the café after mass).

We agreed to continue the Book+Circle during 2021 and we will schedule the meetings approx. every 6 weeks.